



1D Sailing Cup
September 14 to 16, 2018
National One Design Sailing Academy
Bronte Harbour

SAILING INSTRUCTIONS

Abbreviations:

PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	NA – National Authority
RRS – Racing Rules of Sailing	SI – Sailing Instructions
NOR – Notice of Race	

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Sail Canada prescriptions will apply.
- 1.3 Racing rule(s) 40 will be changed as follows: the junior member(s) of the crew (18 years old and under) shall wear a personal flotation device for this event at all times while afloat. Flag Y will not be displayed. When Flag Y is displayed RRS 40 will apply to all crew.
- 1.4 The rules for Handling Boats (SI Addendum C) also applies to any practice sailing.
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will take precedence. This changes RRS 63.7.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the north end of the dock fastened to the chain link fence.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.



4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at a temporary flag staff, immediately north of the boats where the official notice board will be.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 45 minutes’ in the race signal AP.

5 SCHEDULE OF RACES

5.1 The general meeting on Saturday, September 15 is compulsory for competitors.

5.2

Friday, Sept. 14	1300 to 2000 1500 to 1900	Registration Boat Inventory Inspection & Practice Sailing
Saturday, Sept 15	0830 to 0930 0930 1100	Registration Competitors Meeting First Warning Signal
Sunday, Sept. 16	1030 After Boat Inspections	First Warning Signal Awards Ceremony

5.3 To alert boats that a race will begin soon, a courtesy signal of at least 5 short sounds at least five minutes before a warning signal is made.

5.4 On the last day of the regatta no warning signal will be made after 1700.

6 CLASS FLAGS, IDENTIFICATION AND VHF COMMUNICATIONS

6.1 Class flag will be Code flag ‘F’.

6.2 VHF channel: 72

6.3 Courtesy communications from the signal boat may be made on the VHF. The failure to make these transmissions, the failure to hear communications that are made, or their order will not be grounds for redress. This changes RRS 62.1(a)

6.4 Boats will be identified by their bow numbers 1 through 9. The blue stripes boat is bow 0 and the Accessibil-iT is bow 1.

7 RACING AREAS



The racing area will be approximately .5 nm south east of the Bronte Outer Harbour break wall light.

8 THE COURSES

- 8.1** The diagrams in Attachment A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.3** Code flags #1 or #2 will be displayed on the race committee boat to designate the course to be sailed.

9 MARKS

- 9.1** Marks are described in Attachment A.
- 9.2** If a spacer mark (yellow ball) is astern of the transom of the RC boat, it shall be considered an extension of the RC boat. A vessel shall not pass between the transom and that spacer mark.

10 THE START

- 10.1** Races will be started by using rule 26.
- 10.2** The starting line will be between a staff displaying an orange flag on the RC boat at the starboard end and the course side of the port end starting mark.
- 10.3** A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12 THE FINISH

The finishing line will be between a staff displaying an orange flag on the RC boat at the port end and the course side of the starboard end finishing mark

13 TIME LIMITS AND TARGET TIMES

- 13.1** Time limits and target times are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1</i>
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time limit

Flying

Tiger 7.5 30 min.

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

13.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available on the official notice board, located immediately north of the boats on the fence. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

14.2 The protest time limit is 60 minutes after the Committee Boat has docked. One sound signal will be made to indicate when the Committee is officially docked.

14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, at the 1D Sailing head office at 1429 Speers Road.

14.4 Notices of protests by the race committee or protest committee will be posted to the official notice board to inform boats under rule 61.1(b).

14.5 Breaches of instructions 13, 16, 21, 22 and 23 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

14.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

14.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

14.8 Decisions of the protest committee will be final as provided in rule 70.5.



15 ARBITRATION

- 15.1** For a protest between two boats alleging a breach of a rule of Part 2 or rule 31, where there has been no damage and no injury, and both parties are in agreement, an arbitration hearing may be held prior to the protest hearing.
- 15.2** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses. Hearings will be held in the protest room as previously detailed.
- 15.3** One representative from each boat will appear before the arbitrator.
- 15.4** After hearing testimony from each party, the arbitrator shall reach one of the following conclusions;
- (a) There is no breach of a rule. If the protestor(s) agree, the protest will be withdrawn and cannot be reopened.
 - (b) There was a breach of a rule. If the offending boat(s) agree, a 40% penalty will be imposed and no further hearing will occur.
 - (c) The matter should go to the protest committee for a full hearing. This changes Part 5, Section B of the RRS.
- 15.5** The arbitrator may sit as a member of the Jury

16 SCORING

- 16.1** 1 race is required to be completed to constitute a series.
- 16.2**
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SAFETY REGULATIONS

- 17.1** A boat that retires from a race shall notify the race committee by VHF before leaving the racing area.

18 REPLACEMENT OF CREW OR EQUIPMENT



18.1 Substitution of competitors will not be allowed without prior written approval of the race committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20 EVENT ADVERTISING

Boats shall display event advertising supplied by the organizing authority.

21 OFFICIAL BOATS

The official boats will be confirmed at the Competitors Meeting on Saturday, 15th.

22 HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

23 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

24 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. For communication between competitors and the Race Committee channel 72 will be used.

25 PRIZES

Prizes will be awarded to the top three overall.

26 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or



personal injury or death sustained in conjunction with or prior to, during, or after the regatta. The organizing authority may cancel racing at any time for any reason it sees fit.

ATTACHMENT A

Marks: 1, 2s, 2p – Yellow large tetrahedron

Marks: offset - Yellow small tetrahedron

Marks: Start/Finish – Orange large tetrahedron

Marks: Change of Course – Yellow cylinder

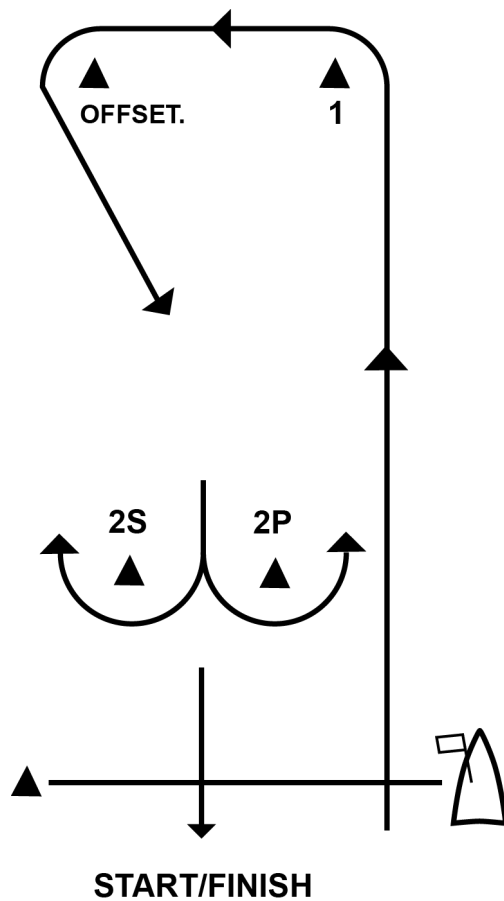
Marks: RC Boat Spacer – Yellow ball

A Windward-Leeward Course



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Course #1 – Code flag 1: Start – 1 – offset – Finish

Course #2 – Code flag 2: Start – 1 – offset – 2s/2p – 1- offset - finish



ADDENDUM C: HANDLING BOATS

No equipment provided with the boat (at time of inventory inspection) shall be removed, even if found useless.

C.1 GENERAL

While all reasonable steps are taken to equalize the boats variations will not be grounds for redress. This changes RRS 62.

C.2 SAIL COMBINATION

The sail combination to be used will be signalled from the RC boat before the warning signal, or during the race. In that case, a race committee boat will be stationed close to a mark, signalling the new sail combination with repetitive sounds.

These signals shall have the following meaning:

- No Flag: Sail combination is free
- Flag W: Full main with jib and no spinnaker
- Flag R: Reef main with jib and no spinnaker

C.3 INVENTORIES

The distribution of boats between crews will be made by draw. After having signed the inventories, skippers can lodge written requests about the boat's condition until Friday 16th, 19:30.

C.4 PROHIBITED ITEMS and ACTIONS - Except in an emergency or in order to prevent damage or injury, or when directed by a member of the OA otherwise, the following are prohibited:

- 4.1 Any additions, omissions or alterations to the equipment supplied. No equipment provided with the boat shall be removed, even if found useless.
- 4.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 4.3 The replacement of any equipment without the agreement of the RC.
- 4.4 Sailing the boat in a manner that it is reasonable to predict, would result in further damage.
- 4.5 Boarding a boat without prior permission.
- 4.6 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP over H' is displayed ashore.
- 4.7 Hauling out a boat or removing rudder.
- 4.8 Attaching lines to the fabric of spinnakers.
- 4.9 Perforating sails, even to attach tell tales.
- 4.10 Adjusting or altering the tension of standing rigging.



- 4.11 Using a winch to adjust the mainsheet, outhaul, cunningham or vang.
- 4.12 Adjusting lifeline tension.
- 4.13 Omitting or adding any headsail car or turning block before sheeting onto a winch.
- 4.14 Marking directly on the hull, deck or lines with any sort of marker, including pencil.
- 4.15 Use of any tape that leaves a residue.
- 4.16 The use of the shrouds (including any inner shrouds) to facilitate tacking or gybing, or to aid the projection of a crew member outboard.
- 4.17 Having the bowsprit extended, except when in the process of setting, flying or taking down the spinnaker. See SI C5.7 for permitted action on extending the bowsprit.

C.5 PERMITTED ITEMS and ACTIONS

- 5.1 A compass may be tied or taped to the hull or spars. The compass may not be capable of sending or receiving any data and will show vessels heading only.
- 5.2 Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat.
- 5.3 Hull, keel and rudder may be cleaned, but only with water.
- 5.4 Adhesive tape as provided by the OA may be used anywhere above the gunwale.
- 5.5 Basic hand tools may be brought aboard.
- 5.6 Line (elastic or otherwise of 4mm diameter or less) may be brought aboard.
- 5.7 Approaching a windward mark without the spinnaker set, the bowsprit shall not be extended until the bow of the boat has rounded the mark. This is defined by extending to windward, the line formed by the windward and leeward marks. An offset mark is not considered as a windward mark in this case. The bowsprit shall be fully retracted at the first reasonable opportunity after taking the spinnaker down.

C.6 MANDATORY ITEMS and ACTIONS

- 6.1 Motor will be stored below while racing as instructed by the OA.
 - i. Shaft must be secured / lashed in place within the cockpit locker
 - ii. Battery and tiller to be secured in the blue bin located below within the v-berth locker

- 6.2 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

- 6.3 At the end of each sailing day:



- i. Folding/rolling bagging and placement of the sails as directed
- ii. Leaving the boat in the same state of cleanliness as when first boarded that day
- iii. PFD's are to be hung over the line on the portside
- iv. Returning the VHF & engine battery for charging to the race office

6.4 At the end of the day cleaning the boat, removing all trash, empty the bilge, and removing all tape and marks.

6.5 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

6.6 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

6.7 Boats shall be kept in their assigned places in the harbour.

6.8 A breach of items 3 and 4 will be considered as damage and the cost of rectification (a minimum fee of \$50.00 to a maximum of \$150.00) will be deducted from the damage deposit.

C.7 PENALTY

The penalty for not complying with one of the above instructions C.4 or C.6 will be disqualification from all races sailed in which the instruction was broken.



ADDENDUM D – PENALTIES FOR DAMAGE RESULTING FROM CONTACT BETWEEN BOATS

This permits the PC along with the OA to decide the additional penalty level when a boat breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty. This changes RRS 64.1.

Damage will be divided into 3 levels.

Level	Extent	Effect
Level A - Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.
Level B - Damage	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.
Level C - Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.